

The Role of Multicultural Guidance and Counseling in Reducing Ethnic Mockery Among Students

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Abstract. *It seems like there are no boundaries within people around the world, people share and say whatever they want in social media or even in real life without hesitation and fear, even an ethnic mockery to minority ethnic still happen among students on very school in Indonesia. Multicultural Guidance and Counseling is one of Guidance and Counseling field that focus on the relation between culture and guidance and counseling process, including study about ethnic mockery. The purpose of this paper is to understand the role of guidance and counseling through multicultural approach in reducing ethnic mockery among students. This paper uses qualitative research with literature review to analyze existing studies on this topic. The result shows that multicultural guidance and counseling has an important role in reducing ethnic mockery among students by giving an understanding about how diverse cultural background in Indonesia and growing the empathy among students although they have diverse cultural backgrounds.*

Keywords: *guidance and counselling, ethnic mockery, students.*

Abstrak. *Semakin hari semakin tidak ada batasan antar individu, mereka berbagi dan mengatakan apapun yang mereka inginkan di media sosial maupun di kehidupan nyata tanpa keraguan atau ketakutan, termasuk fenomena mengejek orang-orang dengan etnis tertentu yang dilakukan kalangan siswa di berbagai tingkatan sekolah di Indonesia. Bimbingan dan Konseling Multikultural merupakan bidang dari Bimbingan dan Konseling yang mempelajari mengenai kaitan budaya terhadap proses bimbingan dan konseling, termasuk dalam melihat perilaku mengejek etnis tertentu. Penelitian ini bertujuan untuk memahami peran bimbingan dan konseling multikultural dalam mengurangi perilaku mengejek etnis tertentu di antara para siswa. Penelitian ini menggunakan pendekatan kualitatif dengan teknik literatur review untuk menganalisa penelitian-penelitian sebelumnya mengenai topik ini. Hasil penelitian ini menunjukkan bahwa bimbingan dan konseling multikultural memiliki peran penting dalam mengurangi ejekan etnis tertentu di antara para siswa dengan menumbuhkan pemahaman tentang beragamnya latar belakang budaya di Indonesia serta menanamkan empati di antara para siswa meskipun memiliki latar belakang budaya yang berbeda-beda.*

Kata kunci: *bimbingan dan konseling, ejekan etnis, siswa.*

PENDAHULUAN

Back in in the writer's children mocking was a common thing to do, from physical appearance to your parent names. It hurt you but you keep doing that thing to the others.

Years goes by and mocking still happen among student these days, despite the globalization movement and every no boundaries in social media that impact our real life. It happens and worst is it use to mocking some ethnicity. People often categorize others based on social biases and stereotypes despite living in diverse society (Basilici et al., 2022). Acts of insult or mockery that reflect prejudice and stereotypes remain common within school environments (Johannessen, 2021). It is also happened in school with diverse students. They often disguised the ethnic mockery as humor within friends. Even though Johannessen (2021) found out that even an ethnic mocking intended as a friendly banter, the subject underlined that he is aware that their words had an undertone of discrimination. According to Odenbring & Johansson (2021) and Rodríguez-Hidalgo et al., (2025), ethnic teasing among students may contribute to social exclusion and internalized discrimination.

Basilici et al., (2022) pointed out that student prefer to being close to the member of their own ethnic that make them differentiate their self from others. Their research also found that there is a positive association between ethnic diversity and bullying in primary school, that make student's age may influence the association. It would shape their attitudes and relationships within both groups.

This leads to a point where teacher has a main role to prevent this to happen in school, teacher could be protective factor (Han et al., 2017) because the lack of teacher intervention in bullying could rise more category on bullying from verbal bullying to cyberbullying (Nappa et al., (2020) including ethnic mockery. Teacher, specifically, school counselor, had to keep them self with knowledge about other cultures and the forms of racism. Thought the counselor didn't have the same culture and perspective as the student (Hotifah & Hamidah, 2019).

Multicultural guidance and counseling enable students to appreciate cultural diversity, develop empathy, and reduce prejudiced behaviors (Shi & Carey, 2021). Sadly, there is a limited understanding on how multicultural guidance contributes to reducing ethnic mockery among students. Without an understanding about an ethnic mockery and the scientific way to reduce it among the students, school counselor wouldn't have a strong basis to reduce or even wouldn't see ethnic mockery as a problem. Hence, this study aims to analyze the role of multicultural guidance and counseling in reducing ethnic mockery among students using qualitative method with literature review approach. The results of this study are expected to strengthen guidance and multicultural roles and function on *Penguatan Pendidikan Karakter* in Indonesia, where the result could promote inclusive student interactions and adding new research to this topic.

METODE

This study using qualitative research design with a literature review approach to identify key themes, patterns, and gaps within previous research. The data sources in this study consisted of journal articles and scholarly publications from databases such as Google Scholar, ResearchGate, ScienceDirect, and DOAJ. It will be focused on works published between 2020 and 2025. The criteria were studies discussing multicultural guidance and counseling in educational settings, research related to ethnic mockery, bullying, or discrimination among students, publications in English or Bahasa Indonesia. The literature collection began with identifying relevant keywords and reviewing abstracts. The data were analyzed by reading each article and identifying themes related to multicultural guidance and ethnic mockery.

As it's already mentioned in the introduction, there is a limited understanding on how multicultural guidance contributes to reducing ethnic mockery among students, including articles that specifically talk about ethnic mockery. Hence the writer manually only chooses 6 articles that contains acts related to ethnic mockery and multicultural guidance and counseling such as bullying, stereotype, prejudice, cultural awareness, and counseling.

HASIL DAN PEMBAHASAN

The result of the literature review showing the importance role of multicultural guidance and counseling thought all the literature didn't use ethnic mockery, but the bullying and ethnic stereotypes already include or assumed as the act of mockery on an ethnic.

Table 1. *Summary of Reviewed Studies*

No	Author(s) & Year	Title	Method	Research Results
1	Alamsyah et al (2024)	Exploration of multicultural counseling service to support adolescents' cultural awareness in schools	Qualitative (Literature Review)	Implementation and development of cultural awareness in multicultural counseling in essential to build an inclusive educational environment for student from various backgrounds.
2	Islam, et al (2024)	The Concept of Multicultural Counselling as	Qualitative (Literature Study)	Emphasizing appreciation and understanding of

		Bullying Prevention in Schools		cultural diversity to addressing bullying in school with more empathetic and sensitive approach on counseling sessions.
3	Barroinnisrina, et al (2024)	Literature Study: Application of Multicultural Counselling in Overcoming Ethnic Stereotypes	Qualitative (Literature Study)	Counselors can help individuals overcome stereotypes through approaches that focus on raising awareness, forming positive perceptions, and using CBT that can effectively reduce the impact of stereotype in counseling interactions.
4	Iannello, et al (2021)	Prejudice and Ethnic Bullying Among Children: The Role of Moral Disengagement and Student-Teacher Relationship	Quantitative (Mediation and Moderated Mediation Model)	Teachers' explicit and implicit views on cultural diversity to weaken the impact of children's ethnic prejudice on their proneness to bully outgroup members
5	Xu, et al (2020)	Racial and Ethnic Differences in Bullying: Review and Implications for Intervention	Qualitative (Empirical Research)	The need to filled the gap of knowledge and understanding of bullying involvement in diverse population even thought research on race and ethnicity has increased
6	Yosef, et al (2022)	School Counselor's Perception of Multicultural	Quantitative	School counselors need to strengthen their positive perceptions and continue to apply

Guidance and Counsleing	them to service students.
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This paper is aim to search the role of multicultural guidance and counseling in reducing ethnic mockery among students. The result showing several themes 1) school counselor had to understand cultural diversity, 2) empathy and awareness were the important points, 3) multicultural guidance and counseling is important.

The result of this paper aligned with Alamsyah et al (2024) who noted that having cultural awareness help to establish healthy and meaningful relationship with others ethnicity. This awareness encourages counselor to have more a better understanding to cultural differences so they can be more responsive and adaptive on counseling practices, where it could lead to build cultural awareness among students, strengthen the appreciation of diversity, and rising student's interpersonal skill. Az-Zahra, Hidayah, & Wahyuni (2025) also mentioned that guidance and counseling have an important role to rise multicultural awareness that could bring peace among people. Multicultural awareness would lead student to free from intolerance on the way they act and think.

Although multicultural guidance and counseling have an important role to help student rise their cultural understanding. Surbakti et al (2024) said that the implementation of multicultural guidance and counseling face a lot of challenges, including systemic support and the lack of workshop about multicultural guidance and counseling for school counselor. It could help us to understand that to reduce the ethnic mockery, there should be a strong support from all stakeholders about multicultural guidance and counseling school counselor could not do it alone.

We don't want the lack of awareness about multicultural in a country that have thousands ethnic where ethnic mockery still exist will continue. The findings of this paper have significant implication for counseling practice and educational policy. School should put multicultural components in their curricula as the *deep learning* method on kurikulum Merdeka mentioning about the learning process should be meaningful. It also supports the goals of penguatan pendidikan karakter by nurturing empathy and awareness among students.

SIMPULAN DAN SARAN

The conclusion of this study is multicultural guidance and counseling has an important role in reducing ethnic mockery among students by giving an understanding and empathy among students from diverse backgrounds. Stakeholder should give a full support by making a clear policy and workshop for the school counselor, because the more school counselor understand about cultural diversity the easier for them to make guidance and counseling plan for student to reduce ethnic mockery. The limitation of this

study is the availability of studies about multicultural guidance and counseling with ethnic mockery still limited, therefore there should be more research about this issue.

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